

At Ease

THE SCOUT

MARCH 11, 2004

SECTION B

Quilts to warm lonely hearts

■ Librarian directs brigade of volunteers waging cuddle-quilt campaign

K.L. VANTRAN
AMERICAN FORCES PRESS SERVICE

WASHINGTON — Every Thursday, and some Saturdays, volunteers at Fort Lewis, Wash., lug sewing machines to the Army Community Service building so they can create quilts for children of those deployed in the war on terrorism.

About 18 months ago, Marty Alexander, library technician for the Fort Lewis Library System, saw a sample of a cuddle quilt on TV. An avid quilter, Alexander said she went about making one. It took her four hours.

Alexander said she thought if she could get an assembly line going, she'd be in business. She talked with Mary Herrera, chief of family services, Army Community Service. Donna Arias, a financial planner at ACS, joined the team, and the "Quilts for Kids" program began. Since then, about 90 children have received the lap quilts.

"When the war started, I got to thinking about all the kids whose parents would be going away," Alexander said. "I wanted to do something

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Triumphs and love triangles spotlighted

■ S.D. ballet to present triad set to contemporary music

SAN DIEGO — There won't be a tutu in sight when City Ballet of San Diego explores age-old, agonizing themes like love triangles and battles with addiction in the dance program "Ballet on the Edge" April 2-4 at the Garfield Theatre in La Jolla.

Two of the three dance works presented are world premieres, and all are created by award-winning resident choreographer Elizabeth Wistrich.

"Ballet on the Edge," in its sixth season, showcases Wistrich's cutting-edge choreography and eclectic use of music intended to challenge the company's dancers and delight audiences, according to an event press release.

Each performance will include all three stories, including the two premieres:

■ "House of Alba"

A dramatic ballet based on Garcia Lorca's play "The House of Bernarda Alba." The story tells the tragic plight of a young girl, Adella, who tries to escape the fatal decisions of her matriarchal

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Disney magic blooms as seasons change

ROD DEUTSCHMANN
AT EASE EDITOR

ANAHEIM — It's obvious from the minute you step into the "Happiest Place on Earth" that you're someplace special. As one of the most popular tourist destinations in the world, Disneyland has never suffered from a lack of enthusiastic guests.

Yet the park is still at the mercy or Mother Nature. Recent rains and

storms have kept the large crowds at bay.

But as the weather changes and flowers bloom, so will those crowds — making now one of the best times to visit the park — especially if you can finagle a weekday trip.

Base ITT offices have discount tickets, plus Disneyland is still offering its "two-fer" deal — where any Southern California resident purchasing admission to either Disneyland or Disney's California Adventure gets a free pass

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New attraction to debut soon at resort

ANAHEIM — "The Twilight Zone Tower of Terror," a supernatural thrill ride based on "a lost episode" of the classic "Twilight Zone" television series, will have its grand opening May 5 in the Hollywood Pictures Backlot of Disney's California Adventure.

"The addition of this spectacular attraction to Disney's California Adventure is another step in the ongoing evolution of the park," said Matt Ouimet, president of the Disneyland Resort.

"We anticipate our guests will be impressed with our updated version of 'The Twilight Zone Tower of Terror,' which has proven to be the most popular attraction at the Disney-MGM Studios in Walt Disney World."

Set in an abandoned Hollywood luxury hotel, "The Twilight Zone Tower of Terror" tempts guests to leave reality behind as they experience the sheer thrills of Disney's free fall into fear.

Each ride offers a "faster-than-the-speed-of-gravity"

drop from the 13th floor and special effects a Disney press release says "will leave guests clinging to the edge of reality and wanting to do it

over and over and over, if they dare."

"Wherever you go in the

See **Growth**, Page B3



Whether it's a relaxing day of listening to music and exploring the many themed lands or tackling some of the most thrilling rides on the planet, Disneyland has something for everyone.

Photography by Rod Deutschmann

Season

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for the other park, re-deemable on a subsequent visit.

For those looking for something new at the park, "Snow White — An Enchanting New Musical," recently opened.

It's a new stage show that brings to life all the lovable characters and memorable songs from the Disney classic.

Patrick Steward (of "Star Trek the Next Generation Fame") provided the voice of the "Magic Mirror."

Mat Ouimet, the president of the Disneyland Resort, says their goal is to bring to the production extraordinary talents who have made their reputations both on Broadway and in the theater.

Also on tap is a new improvisational acting workshop. Student thespians can study and perform this inventive craft in the positive, magical environment of Disneyland.

This high-energy, 90-minute interactive seminar is the latest addition to Dis-



ney's Magic Music Days youth educational program. A professional Disney performer leads students through exercises of developing a successful scene, establishing vivid, original characters and telling a story through improvisation.

With no use of props or costumes, the fast-paced workshop is intended to entertain while encouraging self-confidence and teamwork on the production set, a Disney official said.

*Infrared
photography by
Rod
Deutschmann*



Growth

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park, you'll be able to look up and see these careening, out-of-control cabs full of screaming guests. They'll be having such a great time that everyone will want to experience this "Twilight Zone Tower of Terror," said Cory Sewelson, a Walt Disney engineer.


"The Twilight Zone Tower of Terror" will be a Disney's fastpass attraction,

enabling guests to receive a voucher listing a computer-assigned boarding time. It's an alternative to waiting in line, and allows more time to visit other attractions, dine or shop before returning to ride at the designated boarding time.

Base ITT offices have discount tickets to Disneyland and other Southern California attractions.


For more information, call 725-5864.

FELLOWSHIP OF CHRISTIAN ATHLETES



"Hoping the guys would invite me to play... and they did!"

This picture is from the 1940's of an FCA Camp in Black Mountain, North Carolina, of four-year-old David Dean who is now a college coach influencing young people as he was influenced.



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Festival to showcase arts performed 'for kids by kids'

CARLSBAD — A colorful swirl of kilts, kimonos and ceremonial shields — that's just one visual from a three-day cornucopia of cultural arts geared to and performed by children today through Saturday.

Admission to the 11th annual Carlsbad Multicultural Arts Festival — whose motto is By Kids for Kids — is free.

The festival, sponsored by the Carlsbad Library Children's Services and Cultural Arts Office, will highlight native dances, ethnic music, folk tales and puppetry. There's even an Oragami workshop (Friday, 3:30 p.m., Centro De Informacion, 3333 Harding St.) for those who want to learn how to make art simply by folding paper.

Dance demonstrations will include Celtic, Native American and Brazilian tribal styles. Musical programs include Anthony Ackee's Caribbean-based "One Family" (Saturday at 11 a.m., Dove Library) and the Kanerova Czech Children's Chorus (Saturday, 11 a.m., Cole Library). Language-based programs include Carlsbad Youth Theatre's "Poetry from Many Lands" (Friday, 3:30 p.m., Dove Library)

and Native American Abel Silvas as "Running Grunion" (Friday, 9 a.m., Harding Community Center).

The Icarus Puppets will perform the Japanese folk tale "A Crane's Story" (Saturday, 1 p.m., Dove Library) immediately after the Scottish Highland Dancers perform at noon.

Thornton's Irish Dancers will perform Friday at 9:30 a.m. at the Carlsbad Cultural Arts Center, 3357 Monroe St., followed by an orchestral presentation of "Peter and the Wolf."

Local dance troupes include those from Carlsbad, La Costa Canyon and Rancho Buena Vista High.

The Dove Library is at

1775 Dove Lane. The Cole Library is at 1250 Carlsbad Village Dr.

The Harding Community Center is at 3096 Harding St. The Carlsbad Cultural Arts Center is at 3557 Monroe St.

For more information, call 434-2904 or log on to www.ci.carlsbad.ca.us.

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Snapshot

Shooting like a pro ... or just faking it well



The quick way to make a Disney crowd disappear



Isolation through

ROD DEUTSCHMANN
AT EASE EDITOR

One of the universal truths of photography is that when the photographer is able to isolate his subject — his subject stands out.

It seems fairly obvious, yet many beginning photographers get so wrapped up in the moment that they forget what it is they are shooting and allow a lot of other “distractions” into the frame.

There are literally thousands of ways to isolate a subject ... everything from choosing a large aperture to blurring out the background to using lines to direct a viewer’s attention toward

the subject.

One of the most unsung but effective ways of getting rid of distractions is to literally allow them to disappear.

To blur or not to blur

Another universal truth, as sad as it may be, is that your camera wasn’t designed to shoot a great photo ... it was simply designed to stop you from taking a blurry one. (It’s the person behind the lens who creates the great shot, not the engineers who made the camera.)

Most of the gadgets on your camera were put there to stop that blurry photo from happening: that flash that fires as if it has a will of its own, the orange and red blinking lights that tell you not to take the photo be-

cause it’ll blur. Even our film has become more sensitive to allow us to shoot with faster shutter speeds. Why? Because if all you ever got were blurry photos from your camera, you would probably buy a different one.

Yet it’s in this realm of blurs that magic can happen. Many great photos have been and are being shot, even as you read this, on very slow shutter settings.

In the above photos the photographer isolated the subject by allowing an extremely long exposure.

The subject, of course, knew what was happening

and stayed very still ... standing right in the middle of the crowded pathway.

At a normal shutter speed, one that your camera would choose if it were in “auto” or “program” mode, your subject as well as everyone else would be “frozen” in time (as illustrated in the first photo). The shutter speed was about 1/60th of a second.

On the second attempt, a much slower shutter was chosen (as illustrated in the above right photo). The shutter speed was about 1/8 of a second — notice the blur.

But on the third attempt, with the help of two polarizing filters, a much-, much-slower speed was chosen, allowing everyone else except our subject to pass through undetected (as illustrated in the center photo).

The camera was placed on a nearby bench near the subject and the timer was

set. (That way, there was no camera shake from the shutter being depressed.)

A very slow shutter speed was chosen — 25 seconds, to be exact — one that would give the proper exposure when shot through the dark filters.

And yes, having a person stand still for that long in the middle of oncoming traffic did upset a few hurried people.

But, in all honesty, it really didn’t matter. In the end, they weren’t there anyway.

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Quilt

From Page B1

for them." In the beginning, about 20 volunteers answered the call, Herrera said. "People brought in their own sewing machines," she said. "Some donated fabric. It was really nice."

Alexander said they've received several donations of material and batting, including more than 50 yards of washed and ironed material from one individual.

Quite a few reservists stationed at Madigan Army Medical Center pitched in, Alexander said.

"You haven't lived until you've seen a lieutenant colonel rip out seams with a pocket knife," she added with a laugh.

Today, about six stalwarts keep the program going.

Making a quilt involves purchasing the fabric, laundering, ironing, cutting and sewing, said Herrera.

Volunteers' experience ranges from the novice to expert.

"People could do what they were comfortable with for as long as they liked," Herrera said. "And someone with no experience could be

paired with a quilter from way back."

Most of the recipients have been young children, Herrera said.

"We've given quilts to newborns (and to) chronically ill and hospitalized children, but mostly to kindergartners and third- and fourth-graders,"



she added.

Herrera said each child has been very appreciative when receiving a quilt.

Alexander said while making quilts takes quite a bit of time, there are many rewards.

She recalled the day a mother and her son came to the library to thank them for a quilt.

"It was one of the hottest days of the summer," she said. "And the little boy was carrying his quilt. He wouldn't give it up."

Afterward, Alexander said she went into the bathroom and cried.

Ballet

From Page b1

Spanish family. Her love for her elder sister's fiance precipitates a family disaster.

■ "Leave the Light On"

This ballet rocks to the distinctive sounds and stories created by singer Beth Hart with excerpts from her latest CD, "Leave the Light On." Hart's gravelly voice and soulfulness prompt critics to compare her to Janis Joplin and Macy Gray. Following a 1999 hit single, "L.A. Song," Hart took a four-year hiatus during which she recovered from alcoholism. Hart sings her soul out on "Leave the Light On," her bluesy comeback album, telling stories of triumphing over addiction and abuse with the help of her higher power. Wistrich has chosen to set to dance the songs "Leave the Light On,"

"Monkey Back," "World Without You," "Broken and Ugly," and "I'll Stay With You."

■ "Still World Turning Again," with music by Hiroshi Ohguri, rounds out the triad of ballets.

Shows are April 2 at 8 p.m., April 3 at 8 p.m and April 4 at 2 p.m.

"Ballet on the Edge" tickets are \$25, with discounts for those younger than 30 and older than 60 (\$12). For tickets or more information, call City Ballet's box office at (858) 272-8663.

Brunch and Ballet

"Ballet on the Edge" is part of City Ballet's ongoing Brunch and Ballet Series, featuring a special afternoon exploring contemporary ballet. The afternoon starts with sunday brunch at noon at the Garden Court at the San Diego Marriott in La Jolla. During brunch, artistic director Steven Wistrich of-

fers a behind-the-scenes perspective on City Ballet's all-contemporary ballet production.

After brunch, patrons will get priority seating at the April 4 matinee performance of "Ballet on the Edge" at the Garfield Theatre in La Jolla. Tickets are \$50 per person and include both brunch and the performance.

For more information, go to City Ballet's Web site at www.cityballet.org to order on line.

About City Ballet

Heralded as "a company on the move," City Ballet is now in its 11th season and under the direction of former Boston Ballet and Stuttgart Ballet dancers Steven and Elizabeth Wistrich. City Ballet is a non-profit committed to furthering the ballet art form, according to a company press release. The company produces classic and contempo-

rary ballet programs.

The City Ballet School offers training programs for children and professionals. The education programs include outreach to inner-city children.

City Ballet's 2003-2004 season concludes with "Stairway to Paradise and Beyond: A Tribute to George Balanchine," San Diego's only tribute to Balanchine's centenary, May 14-16 at the Spreckels Theatre.

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